

# TDMHDD Update

## TennCare Behavioral Health Contract Awarded

**T**he State has signed a contract with Tennessee Behavioral Health (TBH) to provide behavioral health services to TennCare Partners members in the East grand division of Tennessee.

TennCare Partners is the behavioral health services program of TennCare, the state's expanded Medicaid program for 1.3 million people. The contract is a "full risk" arrangement for TBH, meaning the state is protected financially from cost overruns.

"Governor Bredesen has charged me with providing high quality behavioral health care to all TennCare enrollees," said Commissioner

Virginia Trotter Betts of the Tennessee Department of Mental Health and Developmental Disabilities (TDMHDD). "Signing this new contract with Tennessee Behavioral Health is a significant step toward addressing that charge. This arrangement will greatly benefit our TennCare Partner members in East Tennessee."

The TDMHDD issued a Request for Proposals in September 2003 in each of the grand divisions of the state. Based upon this regional model the RFP was designed to enhance the quality of the program, while giving the TDMHDD closer management and oversight of the behavioral health organizations. Additionally it encourages TBH to more effectively

design service delivery to address unique needs of the enrollees who live in East Tennessee. The "full risk" contract is in accordance with Governor Bredesen's goal of containing TennCare costs.

Following Centers for Medicaid/Medicare Services (CMS) approval, the contract begins July 1, 2004 and continues through December 31, 2005.

TBH has been contracting with the TennCare Partners program since 1996, thus facilitating a seamless transition for members and providers in the East grand region.

TBH is a wholly owned subsidiary of Magellan Health Services, Inc. based

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## \$2,300,000 for New Housing Options Awarded to Creating Homes Initiative

Community housing agencies and member banks that are partnered with the Tennessee Department of Mental Health and Developmental Disabilities' (TDMHDD) Creating Homes Initiative (CHI) are receiving \$2,300,000 from the Federal Home Loan Bank of Cincinnati's Affordable Housing Program.

The award is part of an ongoing effort to develop and expand permanent housing options for persons with mental illness and co-occurring disorders.

A combined \$8,000,000 has been awarded to Tennessee member bank lender institutions representing community agencies from all regions of the State through the TDMHDD's Creating Home Initiative. The TDMHDD and the Federal Home Loan Bank of Cincinnati began working together in January of 2002. This partnership, to date, provides for 439 new housing options.

"The FHL Bank of Cincinnati has a successful history of partnering with

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## Mental Health Cooperative Wins National Awards

The Mental Health Cooperative of Nashville was recently honored by the National Association of Case Management (NACM) as "Case Management Organization of the Year."

The award was presented to Pam Womack, CEO, at the 11th Annual National Conference held at the Nashville Renaissance Hotel. A second award was presented to Brian Grant, winner of the "Peer Case Manager of the Year Award" who is also employed by the agency.

"The Mental Health Cooperative is an outstanding Case Management Agency focused solely on the needs of persons with serious mental illness," says NACM President Linda Giesler. "They are extremely supportive of our mission to further knowledge of best practices and to contribute to the professional growth

of mental health case management. Brian Grant is a prime example of the caliber of employees they have on staff."

The Mental Health Cooperative is a mental health agency that incorporates intensive case management, psychiatric clinic and 24-hour emergency services into an integrated system of care. The agency is located in the Metro Center area and serves children, adults and families. For further information call 615.726.3340. ■



## An Updated UPDATE

We would like to welcome you back to another issue of UPDATE. There have been a few changes here and there, but we hope you will find the content to be as informative as ever.

UPDATE will be offered in full color on the TDMHDD's publications site (<http://www.state.tn.us/mental/publicate.html>) as well as the two-color version you have in your hands.

You will also find an extensively re-designed web site ([www.state.tn.us/mental](http://www.state.tn.us/mental)) with more than 640 pages filled with MH, MR and DD information.

Please send your updates and important information to us so that we may add it to UPDATE. Thank you.

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### Contracts Awarded...continued

in Columbia, Maryland. Magellan, the nation's largest behavioral health care company, recently emerged from Chapter 11 bankruptcy. It has completed a financial restructuring that supports and enhances the long-term growth and potential of its business.

"We are most pleased to continue this expanded relationship with TBH and Magellan," said Betts. "With strong partners like TBH we can expect reform of the public mental health system in Tennessee with the priorities on early intervention, recovery and the

enhancement of community-based services."

During the contract period, the State will formulate long-term plans for TennCare Partners, consistent with the Governor's overall TennCare strategy and the vision of the department for mental illness prevention, intervention and rehabilitation.

TBH and Premier have agreed to extend their current contracts until December 31, 2004 for enrollees in the Middle and West grand regions. ■

### Housing Options Awarded...continued

our member financial institutions and nonprofit providers to create meaningful housing opportunities for clients served by the TDMHDD," said Carol M. Peterson, Senior Vice President, Housing and Community Investment, FHL Bank of Cincinnati.

The Creating Homes Initiative, a targeted, grassroots, local community, multi-agency collaborative operated by the TDMHDD's Office of Housing Planning and Development (OHPD), has spearheaded the department's expressed mission to develop and expand permanent housing options and services for people with mental illness and co-occurring disorders. ■

## HEALTH NEWS



### What is Autism?

- Autism is not a mental illness;
- Autism is not the result of poor parenting;
- Children with autism are not unruly or spoiled kids who just have a behavior problem;
- The vast majority of persons with autism are not savants, like the character portrayed by Dustin Hoffman in the movie Rain Man;
- Children with autism are not without feelings and emotions.
- Furthermore, no known psychological factors in the development of the child have been shown to cause autism. ■

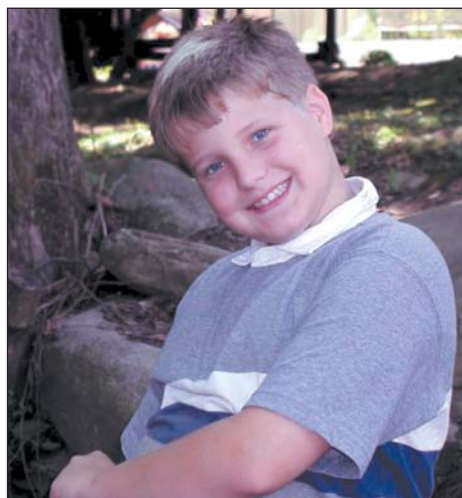
**A**utism is a lifelong, neurobiological condition that significantly affects how a person perceives the world, interacts with other people and communicates.

Autism occurs in approximately 1 out of every 500 individuals (Centers for Disease Control and Prevention, 1997). Based upon this prevalence rate, it is estimated that there are over 3000 individuals with autism spectrum disorders in Middle Tennessee (1994 Census of Estimated Population in Tennessee).

There is no known single, specific cause of autism. In many families there appears to be a pattern of autism or related disabilities - which suggests there is a genetic basis to the disorder - although no single gene has been directly linked to autism.

### What Autism is Not

Several outdated theories about the cause of autism have been proven to be false.



Daniel, 11, was diagnosed with autism shortly before his third birthday. He leads an active life and attends fifth grade at a local public school.

This article courtesy of the Autism Society of Middle Tennessee. For more information, please call: 615.385.2077

### HIPAA Compliance and the TDMHDD

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), a privacy law that protects every citizen's healthcare information from unauthorized use and disclosure by health care providers and professionals, provides for sweeping changes in healthcare transaction and administrative information systems.



To meet the federal government's compliance requirements, Juanita Presley, attorney with the Tennessee Department of Mental Health and Developmental Disabilities' Office of Legal Counsel, has recently been appointed the department's HIPAA Compliance Director.

Presley, along with the HIPAA Privacy Officers in each of the Regional Mental Health Institutes, has taken on the responsibility of making sure that the TDMHDD complies with the Act as closely as possible.

HIPAA will affect several areas of healthcare including:

- The standardization of electronic patient health, administrative and financial data
- Unique health identifiers for individuals, employers, health plans and health care providers
- Security standards protecting the confidentiality and integrity of "individually identifiable health information," past, present or future. ■

## Happenings

### Hooks Named Director of Business at Ridgeview

Jan Hooks has been named Director of Business Development at Ridgeview. Before joining Ridgeview, she was director of Marketing/Public Relations/ Communications for McDuffie Regional Medical Center in Thomson, Georgia and served as executive director of the McDuffie Regional Foundation.



Hooks' experience also includes consulting for Quorum Health Resources, working as a Corporate Accounts and Marketing Executive with Trotter Realty in Augusta and as a Consumer Information Specialist for the Georgia Natural Gas Company.

### Troiano Appointed TDMHDD's Director of Public Information and Education

Tony Troiano has been appointed Director of the Office of Public Information and Education for the Tennessee Department of Mental Health and Developmental Disabilities.

Troiano's background is television

broadcasting and corporate communications. He has worked previously with WTVF TV and WKRN TV in Nashville, Bridgestone/Firestone, the Indianapolis Motor Speedway Corporation and John Deere.

### Frontier Health Announces New Medical Director

Mark Kilgus, MD, has been appointed medical director for Woodbridge Hospital, premier psychiatric and substance abuse hospital for children, adolescents and adults.

Kilgus is an associate professor in the Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry at the James H. Quillen College of Medicine.

### Haynie Promoted to Assistant Director of Managed Care

Lea Haynie was recently promoted to Assistant Director of Managed Care for the Tennessee Department of Mental Health and Developmental Disabilities.

Haynie, a licensed psychological examiner, had been working as a mental health program specialist for the TDMHDD prior to her appointment.

Tennessee Department of Mental Health and Developmental Disabilities

(ISSN-10882731)

Volume 9, Number 6

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Prepared and distributed by the  
Office of Public Information & Education  
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Published bi-monthly by the Department of Mental Health and Developmental Disabilities.  
Periodicals Postage Paid at Nashville, Tennessee  
Postmaster: Send address changes to Department of Mental Health and Developmental Disabilities  
Office of Public Information and Education  
5th Floor, Cordell Hull Bldg.  
425 Fifth Avenue North  
Nashville, TN 37243



Tennessee Department of Mental Health and Developmental Disabilities. Authorization Number 339454, 8,500 copies, January 2004. This public document was promulgated at a cost of \$0.63 per copy.



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